

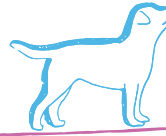


BEAT THE STREET

Can you beat the street?



HOW TO PLAY BEAT THE STREET



- > Don't tread on any cracks
- > Do a star jump when you pass a lamp post
- > Hop on and off all the drains on the pavement as you find them
- > Do a 360 degree turn when you see a street sign
- > Skip when you see a speed limit sign for that many steps (e.g 20 skips at a 20mph sign)

SUITABLE FOR: 6 to 14

TAKES: 20-40 minutes



YOU WILL NEED:

- > Comfortable shoes
- > Warm clothing if the weather is a little colder than usual

SAFETY...

Be sure to look both ways when crossing the road!



REMEMBER

This is an activity everyone can get involved in!



Why not try?

- > **For parents and children over 13 years of age:** Filming the activity on your phone and see what other families are doing. You can post on Twitter @JoinUsMovePlay or Facebook #Bringbackoutdoorplay



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OUTDOORS



For more fun activities visit:

**JOINUSMOVEPLAY.ORG/
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