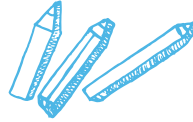




WRITE AND SHARE A STORY

Could you be a writer?

A-Z



HOW TO PLAY PICK UP THAT PEN!

- > Write a 10-minute story e.g. about travelling across a land
- > Share it with others in your house
- > Act the story out with some fun actions, dancing or jumping!

Things you can include:

- > Your story will need a beginning, a middle and an end
- > Maybe it could have a hero or a baddie – this could be your sister or brother!
- > You could include actions such as dancing, running, jogging, hopping or skipping!

SUITABLE FOR: Ages 6-14

TAKES: 20-30 minutes



YOU WILL NEED:

- > Pen and paper



SAFETY...

As with any activity consider the space and make sure you have enough room to act out your story

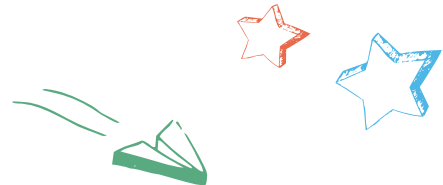


REMEMBER The whole family can help to act out your story!



Why not try?

- > Doing this activity with another person in the house
- > **For parents and children over 13 years of age:** Filming the activity on your phone and see what other families are doing. You can post on Twitter @JoinUsMovePlay or Facebook #JUMPAthome



CHALLENGE!

You could include lots of activities to make it even more challenging!



JUMP@HOME



For more fun activities visit:
JUMPATHOME.ORG

