



ALPHABET ANIMALS

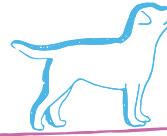


A-Z



Can you be every animal in the kingdom from A to Z?

HOW TO PLAY BECOME THE ANIMALS



- > Get a pen and piece of paper and write down the 26 letters of the alphabet
- > List an animal for each of the letters of the alphabet - So A for Alligator, B for Bear, C for Cat etc.
- > Take it in turns to act and make the noise of the animal
- > Use clothing and other things in the house to help. e.g. on four legs roaring with a tea towel (clean) on your head - this is a lion

SUITABLE FOR: Ages 3-8

TAKES: 20-40 minutes



YOU WILL NEED:

- > Pen and paper
- > Other things in the house for your animals e.g. a rolled-up towel for the elephant's trunk



REMEMBER

Anyone can do this - The aim is to act the animals, making noises is fine or even drawing the animals is fine



SAFETY...

As with any activity consider the space e.g. may need to move tables and chairs



Why not try?

- > Doing this activity with another person in the house
- > **For parents and children over 13 years of age:** Filming the activity on your phone and see what other families are doing. You can post on Twitter @JoinUsMovePlay or Facebook #JUMPAthome



CHALLENGE!

Move every part of your body – could you do a quick round of each animal as fast as you can and have a race and see who wins?

